

Hospital Emotional Support Form

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National Child Traumatic Stress Network, 2004

When children are sick or injured, support from parents or other caregivers can make a big difference. But at times it can be hard for parents/caregivers to help their child in the way they would like. The following questions will help you, and the health care team, understand the best ways to support your child and family.

YOUR FEELINGS			
1	My child's injury/illness is extremely upsetting to me.	Yes	No
2	Sometimes it is hard to be in my child's room (e.g., don't like to see my child in pain or looking different from normal).	Yes	No
3	Sometimes I am so upset it is hard to come to the hospital.	Yes	No
4	When my child is in pain it is hard to know how to help.	Yes	No
5	I often cry when I am with my child.	Yes	No
6	When I leave my child's room I feel very upset or anxious.	Yes	No
7	I know how to comfort my child when s/he is upset.	Yes	No
8	I know how to help my child deal with things in the hospital.	Yes	No

HELPING YOUR CHILD	
9.	List things you have done to help your child cope with upsetting or scary things in the past:
CIRCLE ANY THAT YOU THINK YOU CAN DO NOW	

WHAT WOULD HELP			
10	I need more information about how to explain the illness / injury / diagnosis to my child.	Yes	No
11	I would like suggestions from staff about how to help my child during procedures.	Yes	No
12	I would like suggestions from staff about how to help my child when s/he is uncomfortable or in pain.	Yes	No